



# NUTRITION FACTS

85°C<sup>®</sup>

# BREAD NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)
White Toast	55g (1.9oz)	140	15	2	3	0	0	0	0	0	240	10	25	8	2	8	3	6	0	15	0	0
Milk Toast	55g (1.9oz)	150	25	3	5	1.5	8	0	20	7	190	8	25	8	1	4	5	6	2	15	2	0
Raisin Milk Toast	55g (1.9oz)	150	25	2.5	4	1.5	8	0	20	7	170	7	26	9	1	4	7	5	2	15	2	0
Whole Wheat Toast	55g (1.9oz)	140	20	2	3	1	5	0	10	3	170	7	25	8	2	8	4	5	2	15	0	2
Berry Multigrain	223g (7.9 oz)	600	70	8	12	3	15	0	20	7	590	25	120	40	7	28	46	14	4	30	4	25
Yudane Chocolate Cream Cheese	211g (7.4 oz)	640	240	26	40	17	85	0.5	45	15	610	25	88	29	4	16	22	14	10	20	6	30
Salted Butter Bread	96g (3.4 oz)	320	150	16	25	10	50	0	40	13	430	18	35	12	1	4	4	6	10	4	2	10
Yudane Honey Bread	292g (10.3 oz)	760	70	7	11	3	15	0	10	3	1040	43	150	50	3	12	37	21	4	45	4	35
Yudane Cranberry Cream Cheese	76g (2.7 oz)	210	60	7	11	4	20	0	15	5	270	11	31	10	1	4	6	5	4	10	2	8
French Garlic Cheese	142g (5 oz)	410	140	15	23	9	45	0	30	10	650	27	56	19	2	8	7	12	10	20	8	15
Walnut Multigrain	256g (9 oz)	790	250	28	43	7	35	0	25	8	700	29	115	38	8	32	17	22	6	35	8	35
Multigrain	265g (9.3 oz)	840	290	32	49	4.5	23	0	0	0	600	25	114	38	8	32	28	25	4	40	15	40
Boroh Danish	110g (3.9 oz)	430	200	22	34	11	55	0	65	22	500	21	47	16	2	8	5	8	15	0	2	15
Boroh Cream Danish	132g (4.7oz)	540	270	30	46	15	75	0	135	45	410	17	58	19	1	4	20	10	25	6	8	20
Chocolate Danish	81g (2.9 oz)	330	170	19	29	12	60	0.5	80	27	370	15	31	10	2	8	10	6	0	0	4	15
Jalapeno Danish	122g (4.3 oz)	460	270	30	46	17	85	0.5	125	42	540	23	35	12	1	4	5	11	15	4	10	10
Snow Chapped Danish	130g (4.6 oz)	510	250	29	45	14	70	0.5	95	32	410	17	56	19	1	4	23	8	10	2	8	10
Tuna Danish	147g (5.2 oz)	420	200	22	34	14	70	0	130	43	720	30	34	11	2	8	4	16	0	2	4	15
Brioche	230g (8.1 oz)	810	300	33	51	15	75	0	145	48	590	25	106	35	2	8	20	17	25	30	4	20
Marble Taro	243g (8.6 oz)	640	140	16	25	6	30	0	0	0	530	22	112	37	2	8	33	12	10	25	2	20
Giant Brioche	284g (10 oz)	980	320	36	55	17	85	0	170	57	690	29	137	46	3	12	23	24	25	45	10	30
Calamari Stick	57g (2 oz)	180	80	9	14	5	25	0	15	5	220	9	19	6	1	4	1	5	4	8	6	6
Chocolate Chip Bowl	210g (7.4 oz)	660	180	20	31	12	60	0	65	22	690	29	102	34	3	12	23	16	10	30	6	25
85°C Coffee Bread	230g (8.1 oz)	710	170	19	29	6	30	0	55	18	380	16	117	39	3	12	46	16	8	20	4	25
Coconut Twist	191g (6.7 oz)	690	330	37	57	21	105	0	265	88	460	19	73	24	5	20	21	15	30	10	8	25
Mango Bread	142g (5 oz)	460	170	19	29	11	55	0	145	48	380	16	71	24	2	8	31	9	0	2	4	15
Mocha Bread	188g (6.6 oz)	670	280	32	49	7	35	0	50	17	430	18	80	27	4	16	26	17	8	20	8	20
Premium Milk	154g (5.4 oz)	570	210	24	37	15	75	0	165	55	440	18	75	25	1	4	38	11	15	8	6	15
Coffee Milk Butter	113g (4 oz)	370	120	13	20	8	40	0	35	12	280	12	53	18	1	4	21	9	8	15	8	10
Bacon and Cheese Bread	113g (4 oz)	340	160	18	28	7	35	0	30	10	580	24	33	11	1	4	4	12	4	15	6	10
Pine Nuts	154g (5.4 oz)	470	140	16	25	5	25	0	25	8	530	22	68	23	3	12	15	12	8	20	2	20

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)
Sweet Butter Bread	110g (3.9 oz)	440	230	26	40	15	75	0	150	50	290	12	43	14	1	4	19	7	20	6	2	10
Chocolate Cookie Bread	116g (4.1oz)	430	150	17	26	11	55	0	0	0	290	12	65	22	2	8	29	7	2	10	6	20
Chocolate Brioche	318g (11.2oz)	910	240	27	42	13	65	0	70	23	900	38	147	49	6	24	24	22	20	35	4	45
Sugared Cream Cheese Brioche	114g (4 oz)	390	160	17	26	10	50	0	135	45	360	15	45	15	1	4	20	9	15	6	6	15
Yudane Choco Bun	76g (2.7 oz)	230	50	6	9	4.5	23	0	5	2	200	8	38	13	2	8	10	5	2	10	2	10
Whole Wheat Mushroom	104g (3.7 oz)	270	50	6	9	3.5	18	0	25	8	320	13	34	11	2	8	2	9	4	10	8	10
Potato Cheese	85g (3.0 oz)	270	160	17	26	10	50	0	10	3	360	15	24	8	0	0	1	5	0	6	2	8
Cinnamon Twist	79g (2.8 oz)	330	190	21	32	12	60	0	0	0	280	12	30	10	2	8	3	5	0	0	2	10
Jumbo Guava Cheese Strudel	97g (3.4 oz)	330	180	20	31	11	55	0	20	7	230	10	34	11	1	4	13	4	0	30	2	6
Ham&Tuna Sandwich	275g (9.7oz)	730	120	13	20	8	40	0	160	53	1590	53	84	28	4	16	23	29	2	40	2	8
Jumbo Coconut Strudel	99g (3.5 oz)	330	170	19	29	10	50	0	15	5	260	11	36	12	1	4	15	4	0	0	2	6
Berrytale	101g (3.6 oz)	300	80	9	14	5	25	0	30	10	240	10	46	15	1	4	23	6	6	10	2	8
Cheese Bread	105g (3.7 oz)	330	150	17	26	10	50	0	50	17	270	11	34	11	1	4	12	10	10	10	15	6
Cheese Dog	118g (4.1 oz)	350	45	5	8	8	40	0	55	18	790	33	28	9	1	4	7	12	4	10	4	10
Garlic Cheese	106 (3.7 oz)	340	100	11	17	7	35	0	45	15	340	14	39	13	1	4	9	9	8	15	8	10
Taiwanese Boroh	76g (2.7 oz)	240	70	8	12	3.5	18	0	55	18	200	8	35	12	1	4	9	6	6	10	2	10
Milk Pudding	97g (3.4 oz)	230	40	4.5	7	2.5	13	0	25	8	240	10	40	13	1	4	17	5	50	10	4	6
Pork Sung Bun	73g (2.6 oz)	240	45	5	8	2.5	13	0	25	8	410	17	31	10	1	4	8	8	2	10	0	10
Raisin Milk Butter	105g (3.7 oz)	380	140	16	25	9	45	0	60	20	250	10	49	16	1	4	20	8	8	15	10	8
Red Bean Bread	99g (3.5 oz)	270	40	4.5	7	1.5	8	0	10	3	190	8	40	13	1	4	19	5	2	10	2	8
Taro Swirl	118g (4.2 oz)	330	90	10	15	4.5	23	0	30	10	290	12	54	18	1	4	20	6	2	10	2	10
Hawaiian Chicken	174g (6.1oz)	330	60	7	11	3.5	18	0	45	15	460	19	41	14	2	8	7	20	10	30	10	4
Mango tale	115g (4oz)	360	130	15	23	8	40	0	50	17	300	13	45	15	1	4	19	7	15	35	2	8
Milk Puff Pastry	153g (5.4oz)	620	320	36	55	19	95	0	85	28	440	18	61	20	2	8	12	11	15	15	10	15
Taro Puff Pastry	153g (5.4oz)	520	230	25	38	25	38	0	65	22	380	16	59	20	2	8	7	9	6	15	2	15
Jumbo Boroh	205g (7.2 oz)	630	160	18	28	8	40	0	75	25	570	24	98	33	2	8	16	17	15	35	4	25
Sweet Snow Bread	208g (7.3 oz)	670	230	25	38	13	65	0	75	25	590	25	91	30	2	8	26	17	15	35	15	20
Ham & Cheese	140g (4.9 oz)	340	110	12	18	7	35	0	60	20	910	38	40	13	1	4	10	16	8	15	15	10

\* All the nutritional information for breads is calculated based on 85°C Bakery Cafe standard recipes. All the results are calculated using ESHA R&D software.

\*Nutrition values may vary as all our products are handcrafted nature, and recipe or ingredient changes may causing the above nutrition values change.

# CAKE NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)
Hokkaido Cheese Tart	71g (2.5 oz)	230	160	18	28	10	50	0	90	30	90	4	20	7	1	4	10	5	10	0	4	2
Angel Lemon Food Cake	128g (4.5 oz)	310	90	11	17	3	15	0	10	3	190	8	47	16	0	0	15	6	2	2	8	4
Napoleon Cake	538g (19 oz)	2010	1260	140	215	78	390	2	645	215	720	30	168	56	7	28	14	26	80	8	15	40
Coconut Custard Roll	200g (7.1 oz)	610	310	35	54	15	75	0.5	230	77	200	8	65	22	1	4	20	10	40	2	10	10
Chocolate Sponge Roll	166g (5.9 oz)	520	290	33	51	12	60	0.5	235	78	170	7	48	16	0	0	13	9	10	0	8	8
Almond Half-moon	260g (9.2 oz)	960	520	59	91	18	90	1	310	103	150	6	94	31	3	12	21	16	15	15	15	20
85C Egg Tart	63g(2.2 oz)	210	140	15	23	10	50	0	95	32	160	7	17	6	0	0	14	2	15	0	2	25
Matcha Red Bean Roll	181g (6.4 oz)	570	300	34	52	12	60	0.5	260	87	160	7	57	19	2	8	13	11	10	0	15	10
Pork Sung Half-moon	255g (9.0 oz)	900	450	51	78	18	90	1	330	110	320	13	97	32	1	4	23	15	15	15	10	15
Apple Pie Mini	91g (3.2 oz)	260	140	16	25	9	45	0	85	28	45	2	27	9	1	4	13	3	8	2	2	30
Matcha Macaroons	18g (0.6 oz)	80	40	4.5	7	2	9	0	5	2	10	0	9	3	0	0	8	1	2	0	2	0
Sea Salt Macaroons	14g (0.5 oz)	50	25	3	5	1.5	7	0	5	2	15	1	5	2	0	0	4	1	0	0	2	0
Black Sesame Macaroons	18g (0.6 oz)	80	45	5	8	1.5	7	0	5	2	5	0	7	2	1	3	6	2	2	0	4	4
Chocolate Macaroons	14g (0.5 oz)	50	20	2.5	4	1	4	0	0	0	5	0	7	2	0	0	6	1	0	0	0	2
Rapsberry Macaroons	14g (0.5 oz)	50	15	1.5	2	0	0	0	0	0	5	0	8	3	0	0	2	1	0	0	0	0
Lavander Macaroons	14g (0.5 oz)	50	25	2.5	4	1	5	0	5	1	5	0	7	2	0	0	6	1	0	0	0	0
Blueberry Pie Mini	99g (3.5 oz)	260	110	12	18	6	30	0	60	20	150	6	36	12	1	4	16	2	6	0	2	70
Walnut Tart	99g (3.5 oz)	550	360	40	62	7	35	0	5	2	105	4	36	12	5	20	14	10	2	0	4	15
Cheese Bites	14g (0.5 oz)	35	20	2	3	1	5	0	20	7	25	1	3	1	0	0	3	1	2	0	0	8
Taro Cream Cake	208g (7.3 oz)	520	220	25	38	11	55	0	195	65	125	5	62	21	0	0	61	6	20	0	6	6
Sun Pastry	60g (2.1 oz)	230	100	11	17	7	35	0	30	10	0	0	34	11	0	0	11	2	8	0	0	6
Vanilla Chiffon Cake	350g (12.3 oz)	970	350	39	60	14	70	0	530	177	260	11	131	44	2	8	2	22	25	0	20	25
85C Cream Puff	128g (4.5 oz)	410	290	32	49	19	95	1	300	100	230	10	24	8	0	0	12	7	8	2	15	190
Pineapple Cake	60g (2.1 oz)	230	90	10	15	6	30	0	40	13	30	1	32	11	0	0	6	3	2	8	2	2
Nougat	11g (0.4oz)	45	20	2	3	1	5	0	5	2	25	1	6	2	0	0	3	1	0	0	2	0
Chocolate Chip Cookie	85g (3.0 oz)	370	140	16	25	8	40	0	15	5	200	8	52	17	2	8	19	5	0	0	2	15
Dark Chocolate Chiffon Cake	360g (12.7 oz)	930	360	41	63	16	80	0	440	147	430	18	120	40	9	36	11	24	15	0	8	50
White Chocolate Macadamia Cookie	85g (3.0 oz)	380	160	18	28	9	45	0	15	5	180	8	50	17	1	4	20	4	0	0	4	10
Fudge Nut Brownie Cookie	85g (3.0 oz)	390	200	22	34	9	45	0	10	3	220	9	49	16	2	8	19	4	2	0	2	45
Tiramisu	1227g (43.3 oz)	3280	1940	218	335	108	540	0	1675	558	840	35	272	91	3	12	234	61	180	50	70	45

Product Name	Serving Size	Macronutrients										Micronutrients										
		Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)
Deluxe Strawberry Cream	1250g (44.1 oz)	3040	1660	187	288	108	540	1	1200	400	870	36	314	105	5	20	322	49	80	160	60	40
Chocolate Strawberry	1340g (47.3 oz)	3450	1840	207	318	106	530	1	795	265	750	31	380	127	26	104	277	53	100	100	60	110
Mango Crème Brulee	1401g (49.4 oz)	3070	1630	183	282	104	520	1	1255	418	870	36	334	111	6	24	370	48	150	190	50	40
Red Velvet	1595g (56.3 oz)	5570	3120	348	535	190	950	2.5	980	327	4040	168	544	181	11	44	368	56	170	110	50	80
Black Forest	1603g (56.5oz)	3810	1690	188	289	145	725	2	1190	397	840	35	513	171	20	80	452	56	70	10	15	50
Strawberry Tiramisu	1345g (47.4 oz)	3470	1780	200	308	95	475	0	1875	625	920	38	350	117	4	16	240	69	160	50	80	50
Cream Cheese Black Forest	1743g (61.5 oz)	5230	2810	312	480	215	1075	2.5	1735	578	2210	92	539	180	18	72	355	58	180	70	30	80
Cream Cheesecake	1258g (44.4 oz)	3300	1850	208	320	103	515	0	2225	742	910	38	289	96	3	12	181	87	110	50	70	50
Royal Taro Brulee	1258g (44.4 oz)	3240	1510	170	262	93	465	1	1135	378	590	25	401	134	5	20	304	28	80	90	45	40
Sea Salt Coffee Brulee	1063g (37.5oz)	3420	1890	213	328	127	635	1	1195	398	1550	65	370	123	5	20	360	39	140	4	70	60
Raspberry Chocolate Mousse	1284g (45.3 oz)	3920	2430	272	418	155	775	0	1210	403	520	22	321	107	20	80	388	48	190	6	40	130
Mango Panna Cotta Cup	215g (7.6oz)	310	140	16	25	169	845	0	39	13	40	2	39	13	2	8	43	4	25	35	6	2
Mango Delight	134g (4.7 oz)	270	150	17	26	139	695	0	95	32	55	2	26	9	1	4	35	4	15	2	2	2
Chocolate Pearl	123g (4.3 oz)	380	220	24	37	13	65	0	110	37	40	2	36	12	2	8	35	5	15	0	2	15
Royal Chocolate Cup	153g(5.4oz)	590	400	45	69	23	115	0	110	37	45	2	39	13	3	12	61	6	25	0	6	15
Chocolate Delight	120g (4.2 oz)	410	270	29	45	18	90	0	160	53	55	2	35	12	6	24	44	8	20	0	8	30
French Fruit Tart	330g (11.6 oz)	610	320	36	55	20	100	0	125	42	65	3	80	27	5	20	39	9	110	80	8	10
Fruit Jelly Cup	264g (9.3 oz)	170	30	3	5	2	10	0	10	3	105	4	41	14	0	0	42	1	6	20	4	0
White Chocolate Strawberry Cup	126g (4.4oz)	260	90	11	17	6	30	0	75	25	65	3	33	11	1	4	26	9	6	30	4	2
Coffee Crème Brulee Cup	129g (4.6 oz)	310	200	22	34	14	70	0	155	52	60	3	26	9	1	4	65	3	25	20	4	2
Strawberry Mochi	182g (6.4oz)	360	5	0.5	1	0	0	0	0	0	45	2	82	27	3	12	29	6	0	0	2	6
Mango Tart	75g (2.6 oz)	210	150	17	26	11	55	0	65	22	10	0	25	8	0	0	32	3	15	0	2	4
Tiramisu	123g (4.3 oz)	330	190	22	34	11	55	0	170	57	85	4	27	9	0	0	23	6	20	6	8	4
Deluxe Strawberry Cream	125g (4.4oz)	300	170	19	29	11	55	0	120	40	85	4	31	10	1	4	32	5	8	15	6	4
Black Forest	160g (5.6oz)	380	170	19	29	15	75	0	120	40	85	4	51	17	2	8	45	6	6	2	2	6
Blueberry Cheesecake	115g (4.1 oz)	360	210	24	37	15	75	0	110	37	110	5	31	10	1	4	26	6	10	2	4	2
Royal Taro Brulee	126g (4.4oz)	330	150	17	26	9	45	0	115	38	60	3	40	13	0	0	30	3	8	10	4	4
Red Velvet SL	160g (5.6oz)	560	310	35	54	19	95	0	100	33	400	17	54	18	1	4	37	6	15	10	4	8
Strawberry Tiramisu	134g (4.7 oz)	350	180	20	31	9	45	0	190	63	90	4	35	12	0	0	24	7	15	6	8	6
Rasphberry Chocolate Mousse	122g (4.3oz)	360	230	26	40	14	70	0	120	40	50	2	29	10	2	8	36	5	20	0	4	10
Cream Cheesecake	126g (4.4 oz)	330	190	21	32	10	50	0	225	75	90	4	29	10	0	0	18	9	10	6	6	6
Sea Salt Coffee Brulee	93g (3.3 )	270	150	17	26	9	45	0	120	40	160	7	29	10	0	0	28	3	15	0	6	4
Cream cheese Black forest	140g (4.9 oz)	430	230	26	40	18	90	0	145	48	180	8	45	15	1	4	29	5	15	0	2	6
Strawberry Tiramisu	573g (20.2 oz)	1370	760	85	131	45	225	0	535	178	410	17	129	43	2	8	160	22	70	60	25	20

Chocolate Cookie Crumble	578g (20.3oz)	2000	1180	132	203	82	410	0	750	250	430	18	178	59	8	32	113	27	70	30	20	70
Black Forest	665g (23.5oz)	1670	900	101	155	62	310	1	380	127	410	17	176	59	6	24	89	19	35	4	15	30
Strawberry Roll	979g (34.5 oz)	2660	1480	168	258	67	335	0	1415	472	960	40	240	80	2	8	187	51	120	70	60	45
Cheesecake	522g (18.4 oz)	1350	770	86	132	49	245	0	645	215	300	13	110	37	2	8	25	31	45	50	25	15

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## HOT DRINKS NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)
85°C Coffee (M)	Medium	280	100	11	17	9	45	0	0	0	50	2	43	14	3	12	21	3	0	0	0	0
Americano (M)	Medium	70	15	2	3	1	5	0	0	0	5	0	11	4	0	0	0	3	0	0	0	0
Cappuccino (M)	Medium	260	110	12	18	7	35	0	45	15	140	6	25	8	0	0	14	13	8	6	40	0
Caramel Macchiato (M)	Medium	360	110	12	18	7	35	0	45	15	200	8	49	16	0	0	36	13	8	6	40	0
Café Latte (M)	Medium	280	120	13	20	8	40	0	50	17	160	7	26	9	0	0	15	14	8	6	40	0
Vanilla Café Latte (M)	Medium	330	120	13	20	8	40	0	50	17	160	7	41	14	0	0	30	14	8	6	40	0
Caramel Latte (M)	Medium	330	120	13	20	8	40	0	50	17	160	7	41	14	0	0	30	14	8	6	40	0
Hazelnut Latte (M)	Medium	330	120	13	20	8	40	0	50	17	160	7	41	14	0	0	30	14	8	6	40	0
Mocha (M)	Medium	400	120	13	20	8	40	0	50	17	250	10	55	18	0	0	41	14	8	6	45	0
Hot Jasmine Green Tea (M)	Medium	110	0	0	0	0	0	0	0	0	15	1	28	9	0	0	27	0	0	0	2	0
Hot Mountain Green Tea (M)	Medium	90	0	0	0	0	0	0	0	0	15	1	23	8	0	0	23	0	0	0	2	0
Hot Black Tea (M)	Medium	110	0	0	0	0	0	0	0	0	15	1	28	9	0	0	27	0	0	0	2	0
Hot Milk Tea (M)	Medium	430	160	18	28	15	75	0	0	0	135	6	64	21	8	32	41	1	0	0	2	0
Hot Caramel Milk Tea (M)	Medium	440	160	18	28	15	75	0	0	0	190	8	66	22	8	32	40	2	0	0	4	0
Hot Boba Milk Tea (M)	Medium	410	140	15	23	13	65	0	0	0	120	5	65	22	7	28	37	1	0	0	2	0
Hot Coffee Jelly Milk Tea (M)	Medium	400	140	15	23	13	65	0	0	0	120	5	65	22	9	36	39	1	0	0	2	0
Hot Green Milk Tea (M)	Medium	240	60	7	11	6	30	0	0	0	60	3	43	14	3	12	34	1	0	0	2	0
Hot Chocolate Milk (M)	Medium	330	100	11	17	7	35	0	50	17	250	10	44	15	0	0	41	11	8	6	45	0
Hot Taro Latte (M)	Medium	380	100	11	17	7	35	0	50	17	570	24	58	19	4	16	46	12	8	6	40	4

\* All the nutritional information for beverages is calculated based on 85°C Bakery Cafe standard recipes. All the results are calculated using ESHA R&D software.

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# COLD DRINKS NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)	R (Regular Milk) / S (Soy Milk)
Iced Sea Salt Mountain Green Tea	Medium	230	110	13	20	8	40	0	45	15	180	8	28	9	0	0	55	0	15	0	0	0	R
Iced Sea Salt Mountain Green Tea	Large	330	180	20	31	13	65	0	75	25	290	12	37	12	0	0	81	0	20	0	2	0	R
Sea Salt Coffee	Medium	220	120	14	22	8	40	0	45	15	180	8	24	8	0	0	46	1	15	0	0	0	R
Sea Salt Coffee	Large	350	200	22	34	14	70	0	75	25	290	12	34	11	0	0	67	3	20	0	0	0	R
Iced Sea Salt Mountain Green Tea	Medium	230	110	13	20	8	40	0	45	15	180	8	28	9	0	0	55	0	15	0	0	0	R
Iced Sea Salt Mountain Green Tea	Large	330	180	20	31	13	65	0	75	25	290	12	37	12	0	0	81	0	20	0	2	0	R
Iced Sea Salt Black Tea	Medium	230	110	13	20	8	40	0	45	15	180	8	28	9	0	0	55	0	15	0	0	0	R
Iced Sea Salt Black Tea	Large	330	180	20	31	13	65	0	75	25	280	12	37	12	0	0	81	0	20	0	0	0	R
Sea Salt Caramel Smoothie	Large	600	330	37	57	23	115	0	120	40	440	18	63	21	0	0	102	5	35	2	15	0	R
Iced Sea Salt Jasmine Green Tea	Medium	230	110	13	20	8	40	0	45	15	180	8	28	9	0	0	55	0	15	0	0	0	R
Iced Sea Salt Jasmine Green Tea	Large	330	180	20	31	13	65	0	75	25	290	12	37	12	0	0	81	0	20	0	2	0	R
85°C Coffee	Medium	280	100	11	17	9	45	0	0	0	50	2	43	14	3	12	21	3	0	0	0	0	R
85°C Coffee	Large	480	180	20	31	17	85	0	0	0	90	4	68	23	5	20	33	5	0	0	0	0	R
Americano	Medium	70	15	2	3	1	5	0	0	0	5	0	11	4	0	0	0	3	0	0	0	0	R
Americano	Large	100	25	2.5	4	1	5	0	0	0	10	0	16	5	0	0	0	4	0	0	0	0	R
Cappuccino	Medium	270	80	9	14	5	25	0	30	10	100	4	39	13	0	0	28	10	6	4	25	0	R
Cappuccino	Medium	230	50	5	8	1.5	8	0	0	0	105	4	36	12	1	4	23	9	8	0	25	6	S
Cappuccino	Large	440	110	13	20	7	35	0	45	15	140	6	68	23	0	0	14	14	8	6	40	0	R
Cappuccino	Large	340	70	8	12	2	10	0	0	0	150	6	54	18	1	4	35	13	15	0	40	8	S
Caramel Macchiato	Medium	310	80	9	14	5	25	0	35	12	160	7	45	15	0	0	32	10	6	4	30	0	R
Caramel Macchiato	Medium	260	50	6	9	1.5	8	0	0	0	160	7	42	14	1	4	27	10	10	0	30	6	S
Caramel Macchiato	Large	420	120	13	20	8	40	0	45	15	200	8	59	20	0	0	41	15	8	6	40	0	R
Caramel Macchiato	Large	360	70	8	12	2	10	0	0	0	210	9	56	19	1	4	35	14	15	0	40	8	S
Café Latte	Medium	290	90	10	15	6	30	0	35	12	115	5	40	13	0	0	29	11	6	4	30	0	R
Café Latte	Medium	240	50	6	9	1.5	8	0	0	0	120	5	37	12	1	4	24	10	10	0	30	6	S
Café Latte	Large	420	120	14	22	8	40	0	50	17	160	7	59	20	0	0	42	15	8	6	40	0	R
Café Latte	Large	350	70	8	12	2	10	0	0	0	170	7	55	18	1	4	36	14	15	0	40	8	S
Vanilla Café Latte	Medium	300	90	10	15	6	30	0	35	12	115	5	41	14	0	0	30	11	6	4	30	0	R
Vanilla Café Latte	Medium	250	50	6	9	1.5	8	0	0	0	120	5	38	13	1	4	25	10	10	0	30	6	S
Vanilla Café Latte	Large	420	120	14	22	8	40	0	50	17	160	7	60	20	0	0	43	15	8	6	40	0	R

Product Name	Serving Size	Nutritional Profile										Ingredient Breakdown											
		Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)	R (Regular Milk) / S (Soy Milk)
Vanilla Café Latte	Large	360	70	8	12	2	10	0	0	0	170	7	56	19	1	4	36	14	15	0	40	8	S
Caramel Latte	Medium	300	90	10	15	6	30	0	35	12	115	5	41	14	0	0	30	11	6	4	30	0	R
Caramel Latte	Medium	250	50	6	9	1.5	8	0	0	0	120	5	38	13	1	4	25	10	10	0	30	6	S
Caramel Latte	Large	420	120	14	22	8	40	0	50	17	160	7	50	17	0	0	43	15	8	6	40	0	R
Caramel Latte	Large	360	70	8	12	2	10	0	0	0	170	7	56	19	1	4	36	14	15	0	40	8	S
Hazelnut Latte	Medium	300	90	10	15	6	30	0	35	12	115	5	41	14	0	0	30	11	6	4	30	0	R
Hazelnut Latte	Medium	250	50	6	9	1.5	8	0	0	0	120	5	38	13	1	4	25	10	10	0	30	6	S
Hazelnut Latte	Large	420	120	14	22	8	40	0	50	17	160	7	60	20	0	0	43	15	8	6	40	0	R
Hazelnut Latte	Large	360	70	8	12	2	10	0	0	0	170	7	56	19	1	4	36	14	15	0	40	8	S
Mocha	Medium	340	90	10	15	6	30	0	35	12	160	7	50	17	1	4	38	11	6	4	30	6	R
Mocha	Medium	290	50	6	9	1.5	8	0	0	0	210	9	48	16	1	4	32	10	10	0	30	6	S
Mocha	Large	470	130	14	22	9	45	0	50	17	210	9	68	23	2	8	51	16	8	6	45	10	R
Mocha	Large	400	80	9	14	2.5	13	0	0	0	220	9	64	21	3	12	44	15	15	0	45	20	S
Iced Black Tea	Medium	110	0	0	0	0	0	0	0	0	10	0	28	9	0	0	27	0	0	0	0	0	R
Iced Black Tea	Large	150	0	0	0	0	0	0	0	0	10	0	37	12	0	0	36	0	0	0	0	0	R
Iced Jasmine Green Tea	Medium	90	0	0	0	0	0	0	0	0	10	0	23	8	0	0	23	0	0	0	0	0	R
Iced Jasmine Green Tea	Large	130	0	0	0	0	0	0	0	0	10	0	32	11	0	0	32	0	0	0	2	0	R
Iced Mountain Green Tea	Medium	90	0	0	0	0	0	0	0	0	10	0	23	8	0	0	23	0	0	0	0	0	R
Iced Mountain Green Tea	Large	130	0	0	0	0	0	0	0	0	10	0	32	11	0	0	32	0	0	0	2	0	R
Iced Passionfruit Green Tea	Medium	140	0	0	0	0	0	0	0	0	15	1	35	12	0	0	14	0	0	0	0	0	R
Iced Passionfruit Green Tea	Large	200	0	0	0	0	0	0	0	0	20	1	50	17	0	0	18	0	0	0	2	0	R
Iced Passionfruit Black Tea	Medium	140	0	0	0	0	0	0	0	0	15	1	35	12	0	0	14	0	0	0	0	0	R
Iced Passionfruit Black Tea	Large	200	0	0	0	0	0	0	0	0	20	1	50	17	0	0	18	0	0	0	0	0	R
Iced Peach Green Tea	Medium	180	0	0	0	0	0	0	0	0	15	1	44	15	0	0	39	0	0	40	0	0	R
Iced Peach Green Tea	Large	240	5	0	0	0	0	0	0	0	20	1	60	20	1	4	54	0	0	50	2	0	R
Iced Peach Black Tea	Medium	180	0	0	0	0	0	0	0	0	15	1	44	15	0	0	39	0	0	40	0	0	R
Iced Peach Black Tea	Large	240	5	0	0	0	0	0	0	0	15	1	60	20	1	4	54	0	0	50	0	0	R
Iced Grapefruit Green Tea	Medium	200	0	0	0	0	0	0	0	0	35	1	51	17	0	0	50	0	0	0	0	0	R
Iced Grapefruit Green Tea	Large	280	0	0	0	0	0	0	0	0	50	2	70	23	0	0	68	0	0	0	2	0	R
Iced Milk Tea	Medium	270	90	10	15	9	45	0	0	0	75	3	43	14	4	16	30	1	0	0	0	0	R
Iced Milk Tea	Large	390	140	15	23	13	65	0	0	0	115	5	60	20	7	28	40	1	0	0	0	0	R
Iced Caramel Milk Tea	Medium	300	100	11	17	9	45	0	0	0	130	5	49	16	4	16	34	2	0	0	4	0	R
Iced Caramel Milk Tea	Large	420	140	16	25	13	65	0	0	0	170	7	67	22	7	28	45	2	0	0	4	0	R



Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)	R (Regular Milk) / S (Soy Milk)
Iced Boba Milk Tea	Medium	250	70	8	12	6	30	0	0	0	60	3	44	15	3	12	26	1	0	0	2	0	R
Iced Boba Milk Tea	Large	380	110	13	20	11	55	0	0	0	100	4	65	22	6	24	38	1	0	0	2	2	R
Iced Coffee Jelly Milk Tea	Medium	280	70	8	12	6	30	0	0	0	60	3	53	18	5	20	37	1	0	0	2	0	R
Iced Coffee Jelly Milk Tea	Large	430	110	13	20	11	55	0	0	0	100	4	78	26	8	32	53	1	0	0	2	0	R
Iced Green Milk Tea	Medium	270	80	9	14	7	35	0	0	0	70	3	46	15	4	16	34	1	0	0	0	0	R
Iced Green Milk Tea	Large	360	110	12	18	10	50	0	0	0	95	4	60	20	5	20	44	1	0	0	2	0	R
Iced Matcha Latte	Medium	220	60	7	11	4	20	0	30	10	100	4	33	11	0	0	32	7	6	4	25	0	R
Iced Matcha Latte	Medium	180	30	3.5	5	0	0	0	0	0	100	4	30	10	1	4	28	6	8	0	25	6	S
Iced Matcha Latte	Large	320	90	10	15	6	30	0	45	15	150	6	47	16	0	0	46	10	8	6	40	0	R
Iced Matcha Latte	Large	260	45	5	8	0.5	3	0	0	0	150	6	44	15	1	4	39	9	15	0	40	8	S
LemonC Iced Tea	Large	350	5	0	0	0	0	0	0	0	10	0	89	30	2	8	84	1	0	50	2	2	R
Chocolate Milk (M)	Medium	270	80	9	14	5	25	0	35	12	140	6	38	13	2	8	38	9	6	4	30	10	R
Chocolate Milk (M)	Medium	220	40	4.5	7	1	5	0	0	0	140	6	35	12	3	12	33	8	10	0	30	15	S
Chocolate Milk (L)	Large	360	110	12	18	7	35	0	50	17	190	8	52	17	2	8	52	13	8	6	45	15	R
Chocolate Milk (L)	Large	300	60	6	9	1	5	0	0	0	200	8	48	16	4	16	45	11	15	0	45	20	S
Iced Strawberry Lemonade (L)	Large	230	0	0	0	0	0	0	0	0	0	0	57	19	2	8	51	1	0	110	0	2	R
Frozen Cappuccino (L)	Large	490	190	21	32	13	65	0	60	20	170	7	69	23	0	0	48	8	15	2	25	0	R
Ice Blended Mocha (L)	Large	450	180	20	31	12	60	0	55	18	180	8	64	21	0	0	48	5	15	2	20	0	R
Cookies N Cream (L)	Large	550	220	25	38	13	65	0	55	18	300	13	80	27	1	4	61	5	15	2	20	6	R
Strawberry Banana (L)	Large	350	40	4.5	7	3	15	0	15	5	20	1	76	25	2	8	64	1	6	230	4	0	R
Mango Passion (L)	Large	390	0	0	0	0	0	0	0	0	0	0	99	33	3	12	86	0	30	240	0	0	R
Mango Slush (L)	Large	310	0	0	0	0	0	0	0	0	160	7	78	26	1	4	68	0	45	60	0	2	R
Red Bean Smoothie(L)	Large	390	100	12	18	7	35	0	35	12	95	4	64	21	1	4	46	6	8	4	15	8	R
Frozen Marble Taro Smoothie(L)	Large	470	170	19	29	11	55	0	55	18	530	22	74	25	4	16	54	5	15	2	20	4	R
Honeydew Smoothie(L)	Large	460	180	19	29	12	60	0	55	18	115	5	64	21	0	0	58	5	15	2	20	0	R

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# ADD-ON NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	% Daily Value**	Saturated Fat (g)	% Daily Value**	Trans Fat (g)	Cholesterol (mg)	% Daily Value**	Sodium (mg)	% Daily Value**	Carbohydrates (g)	% Daily Value**	Dietary Fiber (g)	% Daily Value**	Sugars (g)	Protein (g)	Vitamin A (% Daily Value)	Vitamin C (% Daily Value)	Calcium (% Daily Value)	Iron (% Daily Value)
Boba	52g	30	0	0	0	0	0	0	0	0	0	0	7	2	0	0	1	0	0	0	0	0
Coffee Jelly	40g	50	0	0	0	0	0	0	0	0	0	0	13	4	1	4	10	0	0	0	0	0
Mango Jelly	45g	50	0	0	0	0	0	0	0	0	0	0	13	4	0	0	10	0	0	0	0	0
Lychee Jelly	39g	45	0	0	0	0	0	0	0	0	0	0	11	4	0	0	9	0	0	0	0	0
Red Bean	43g	80	0	0	0	0	0	0	0	0	5	0	18	6	1	4	15	2	0	0	2	8
Boba	85g	45	0	0	0	0	0	0	0	0	5	0	11	4	0	0	2	0	0	0	2	2
Coffee Jelly	76g	100	0	0	0	0	0	0	0	0	0	0	25	8	2	8	19	0	0	0	0	0
Mango Jelly	78g	90	0	0	0	0	0	0	0	0	0	0	22	7	0	0	18	0	0	0	0	0
Lychee Jelly	77g	90	0	0	0	0	0	0	0	0	0	0	22	7	0	0	18	0	0	0	0	0
Red Bean	75g	140	0	0	0	0	0	0	0	0	15	1	32	11	2	8	27	3	0	0	2	15

\* All the nutritional information for add-ons is calculated based on supplier's ingredient specification. All the results are calculated using ESHA R&D software.

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