



# NUTRITION FACTS

85°C<sup>®</sup>

# BREAD NUTRITION FACTS

Product Name	Serving Size	Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D	Calcium	Potassium	Iron
White Toast	55g (1.9oz)	140	2	3	0	0	0	0	0	240	10	25	9	0	0	3	3	6	0	0	2	0
Milk Toast	55g (1.9oz)	140	1.5	2	0.5	3	0	0	0	230	10	25	9	0	0	0	0	4	0	0	0	10
Whole Wheat Toast	55g (1.9oz)	150	2.5	3	1	5	0	0	0	260	11	25	9	0	0	4	0	5	0	2	0	10
Berry Multigrain	223g (7.9 oz)	600	8	10	3	15	0	20	7	600	26	120	44	0	0	46	12	15	0	2	4	30
Yudane Chocolate Cream Cheese	211g (7.4 oz)	640	26	33	17	85	0.5	45	15	610	27	87	32	0	0	22	0	14	0	4	4	30
Squid Ink Bacon	110g (3.9 oz)	340	11	14	6	30	0	30	10	650	28	37	13	0	0	2	0	16	0	8	0	10
Squid Ink Corn Chicken	121g (4.2 oz)	310	5	6	3.5	18	0	25	8	500	22	36	13	0	0	3	0	11	0	4	2	10
Salted Butter Bread	96g (3.4 oz)	320	17	22	10	50	0	40	13	430	19	35	13	0	0	1	0	6	0	2	0	10
Yudane Honey Bread	292g (10.3 oz)	760	7	9	3	15	0	10	3	1040	45	149	54	0	0	37	11	21	0	2	4	35
Yudane Cranberry Cream Cheese	76g (2.7 oz)	210	7	9	4	20	0	15	5	270	12	31	11	0	0	6	0	5	0	2	2	6
French Garlic Cheese	142g (5 oz)	410	15	19	9	45	0	30	10	650	28	55	20	0	0	7	5	10	0	6	2	15
Walnut Multigrain	256g (9 oz)	790	28	36	7	35	0	25	8	710	31	115	42	2	7	17	0	22	0	6	10	35
Multigrain	265g (9.3 oz)	830	31	40	4.5	23	0	0	0	950	41	117	43	2	7	28	0	23	0	10	10	40
Boroh Danish	107g (3.8 oz)	400	21	27	10	50	0	115	38	360	16	46	17	0	0	11	6	12	0	2	35	15
Boroh Cream Danish	132g (4.7oz)	540	30	38	15	75	0	135	45	410	18	58	21	0	0	20	6	10	0	6	35	15
Chocolate Croissant	81g (2.9 oz)	330	19	24	12	60	0.5	80	27	370	16	31	11	0	0	10	0	6	0	4	2	15
Apple Almond Danish	136g (4.7oz)	390	18	23	8	40	0.0	65	0	400	17	50	18	0	0	18	0	7	0	4	35	15
Tuna Danish	127g (4.5 oz)	310	11	14	6	30	0	70	23	480	21	28	10	1	4	6	0	11	0	2	25	10
Taro Danish	88g (3.1oz)	260	12	15	7	35	0	35	12	180	8	34	12	0	0	13	0	5	0	2	2	10
Caramel Danish	71g (2.5oz)	280	18	23	11	54	0	45	15	190	8	28	10	1	2	11	0	4	0	2	2	6
Brioche	230g (8.1 oz)	810	33	51	15	75	0	145	48	590	25	106	35	2	8	20	0	17	0	4	0	20
Marble Taro	243g (8.6 oz)	640	16	25	6	30	0	0	0	530	22	112	37	2	8	33	0	12	0	2	0	20
Giant Brioche	284g (10 oz)	980	36	55	17	85	0	170	57	690	29	137	46	3	12	23	0	24	0	10	0	30
Calamari Stick	57g (2 oz)	180	9	14	5	25	0	15	5	220	9	19	6	1	4	1	0	5	0	6	0	6
Chocolate Chip Bowl	210g (7.4 oz)	660	20	31	12	60	0	65	22	690	29	102	34	3	12	23	0	16	0	6	0	25
85°C Coffee Bread	230g (8.1 oz)	710	19	29	6	30	0	55	18	380	16	117	39	3	12	46	0	16	0	4	0	25
Coconut Twist	191g (6.7 oz)	690	37	57	21	105	0	265	88	460	19	73	24	5	20	21	0	15	0	8	0	25
Mango Bread	142g (5 oz)	460	19	29	11	55	0	145	48	380	16	71	24	2	8	31	0	9	0	4	0	15
Mocha Bread	188g (6.6 oz)	670	32	49	7	35	0	50	17	430	18	80	27	4	16	26	0	17	0	8	0	20
Premium Milk	154g (5.4 oz)	570	24	37	15	75	0	165	55	440	18	75	25	1	4	38	0	11	0	6	0	15
Coffee Milk Butter	113g (4 oz)	370	13	20	8	40	0	35	12	280	12	53	18	1	4	21	0	9	0	8	0	10

Product Name	Serving Size	Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D	Calcium	Potassium	Iron
Bacon and Cheese Bread	113g (4 oz)	340	18	28	7	35	0	30	10	580	24	33	11	1	4	4	0	12	0	6	0	10
Chocolate Cookie Bread	116g (4.1oz)	430	17	26	11	55	0	0	0	290	12	65	22	2	8	29	0	7	0	6	0	20
Sugared Cream Cheese Brioche	114g (4 oz)	390	17	26	10	50	0	135	45	360	15	45	15	1	4	20	0	9	0	6	0	15
Yudane Choco Bun	76g (2.7 oz)	230	6	9	4.5	23	0	5	2	200	8	38	13	2	8	10	0	5	0	2	0	10
Honey Teriyaki Chicken	131g (4.6oz)	300	4.5	7	2	10	0	35	12	620	26	40	13	1	4	8	0	15	0	2	0	15
Whole Wheat Mushroom	104g (3.7 oz)	270	6	9	3.5	18	0	25	8	320	13	34	11	2	8	2	0	9	0	8	0	10
Potato Cheese	85g (3.0 oz)	270	17	26	10	50	0	10	3	360	15	24	8	0	0	1	0	5	0	2	0	8
Cinnamon Roll	145g (5.11 oz)	520	24	37	11	55	0	140	47	65	3	75	25	2	8	35	0	12	0	10	0	15
Cinnamon Twist	79g (2.8 oz)	330	21	32	12	60	0	0	0	280	12	30	10	2	8	3	0	5	0	2	0	10
Jumbo Guava Cheese Strudel	97g (3.4 oz)	330	20	31	11	55	0	20	7	230	10	34	11	1	4	13	0	4	0	2	0	6
Ham&Tuna Sandwich	275g (9.7oz)	730	13	20	8	40	0	160	53	1590	53	84	28	4	16	23	0	29	0	2	0	8
Jumbo Coconut Strudel	99g (3.5 oz)	330	19	29	10	50	0	15	5	260	11	36	12	1	4	15	0	4	0	2	0	6
Berrytale	101g (3.6 oz)	300	9	14	5	25	0	30	10	240	10	46	15	1	4	23	0	6	0	2	0	8
Cheese Bread	105g (3.7 oz)	330	17	26	10	50	0	50	17	270	11	34	11	1	4	12	0	10	0	15	0	6
Cheese Dog	118g (4.1 oz)	350	5	8	8	40	0	55	18	790	33	28	9	1	4	7	0	12	0	4	0	10
Garlic Cheese	106 (3.7 oz)	340	11	17	7	35	0	45	15	340	14	39	13	1	4	9	0	9	0	8	0	10
Taiwanese Boroh	76g (2.7 oz)	240	8	12	3.5	18	0	55	18	200	8	35	12	1	4	9	0	6	0	2	0	10
Milk Pudding	97g (3.4 oz)	230	4.5	7	2.5	13	0	25	8	240	10	40	13	1	4	17	0	5	0	4	0	6
Pork Sung Bun	73g (2.6 oz)	240	5	8	2.5	13	0	25	8	410	17	31	10	1	4	8	0	8	0	0	0	10
Raisin Milk Butter	105g (3.7 oz)	380	16	25	9	45	0	60	20	250	10	49	16	1	4	20	0	8	0	10	0	8
Red Bean Bread	99g (3.5 oz)	270	4.5	7	1.5	8	0	10	3	190	8	40	13	1	4	19	0	5	0	2	0	8
Taro Swirl	118g (4.2 oz)	330	10	15	4.5	23	0	30	10	290	12	54	18	1	4	20	0	6	0	2	0	10
Hawaiian Chicken	174g (6.1oz)	330	7	11	3.5	18	0	45	15	460	19	41	14	2	8	7	0	20	0	10	0	4
Mangotale	115g (4oz)	360	15	23	8	40	0	50	17	300	13	45	15	1	4	19	0	7	0	2	0	8
Milk Puff Pastry	148g (5.2oz)	580	33	51	17	85	0	70	23	450	19	59	20	2	8	12	0	10	0	8	0	15
Taro Puff Pastry	148g (5.2oz)	480	22	34	11	55	0	45	15	390	16	56	19	2	8	6	0	8	0	2	0	15
Jumbo Boroh	205g (7.2 oz)	630	18	28	8	40	0	75	25	570	24	98	33	2	8	16	0	17	0	4	0	25
Sweet Snow Bread	208g (7.3 oz)	670	25	38	13	65	0	75	25	590	25	91	30	2	8	26	0	17	0	15	0	20
Spicy Sausage	124g (4.4oz)	430	25	38	11	55	0	60	20	770	32	29	10	1	4	7	0	12	0	10	0	10
Spicy Green Onion Chicken	126g (4.4oz)	280	9	14	4.5	23	0	50	17	410	17	28	9	1	4	8	0	15	0	10	0	10
Ham & Cheese	140g (4.9 oz)	340	12	18	7	35	0	60	20	910	38	40	13	1	4	10	0	16	0	15	0	10

\* All the nutritional information for breads is calculated based on 85°C Bakery Cafe standard recipes. All the results are calculated using ESHA R&D software.

\*Nutrition values may vary as all our products are handcrafted nature, and recipe or ingredient changes may causing the above nutrition values change.

# CAKE NUTRITION FACTS

Product Name	Serving Size	Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugar (g)	Protein (g)	Vitamin D	Calcium	Potassium	Iron
Hokkaido Cheese Tart	71g (2.5 oz)	230	18	28	10	50	0	90	30	90	4	20	7	1	4	10	0	5	0	4	0	2
Pink Scarf	78g (2.8oz)	260	15	19	5	25	0	125	42	90	4	26	9	0	0	2	0	5	0	4	2	6
Black Tie	82g (2.9oz)	290	21	32	9	45	0	140	47	90	4	19	6	1	4	4	0	5	0	4	2	6
Mini Custard Shell	61g (2.2oz)/piece	130	6	9	2	10	0	80	27	60	3	18	6	0	0	4	0	3	0	6	0	2
Mini Taro Shell	60g (2.1 oz)/piece	140	5	8	2	10	0	70	23	50	2	20	7	0	0	9	0	2	0	4	0	2
Coconut Raisin Tart	98g (3.5oz)	360	25	38	18	90	0	100	33	180	8	36	12	3	12	6	0	5	0	4	0	6
Mixed Berry Tart	102g (3.6oz)	350	25	32	13	65	0	30	11	70	3	30	11	1	4	4	0	6	0	4	0	6
Red Bean Panna Cotta Cup	99g (3.5 oz)	180	13	20	8	40	0	50	17	30	1	12	4	1	4	28	0	3	0	4	2	2
Lemon Mini Cake	30g (1.1oz)/piece	90	5	8	3	15	0	60	20	30	1	10	3	0	0	0	0	2	0	0	0	2
Napoleon Cake	108g (3.8oz)	400	28	43	16	80	0	130	43	140	6	34	11	1	4	3	0	5	0	2	0	8
Coconut Custard Roll	200g (7.1 oz)	610	35	54	15	75	0.5	230	77	200	8	65	22	1	4	20	0	10	0	10	0	10
Chocolate Sponge Roll	166g (5.9 oz)	520	33	51	12	60	0.5	235	78	170	7	48	16	0	0	13	0	9	0	8	0	8
Almond Half-moon	260g (9.2 oz)	960	59	91	18	90	1	310	103	150	6	94	31	3	12	21	0	16	0	15	0	20
85C Egg Tart	63g (2.2 oz)	210	15	23	10	50	0	95	32	160	7	17	6	0	0	14	0	2	0	2	0	25
Matcha Red Bean Roll	181g (6.4 oz)	570	34	52	12	60	0.5	260	87	160	7	57	19	2	8	13	0	11	0	15	0	10
Pork Sung Half-moon	255g (9.0 oz)	900	51	78	18	90	1	330	110	320	13	97	32	1	4	23	0	15	0	10	0	15
Coconut Snow Cube	29g (1.0oz)	60	4	5	3	15	0	10	3	10	0	5	2	0	0	1	0	1	0	2	0	0
Matcha Macaron	18g (0.6 oz)	80	4.5	7	2	9	0	5	2	10	0	9	3	0	0	8	0	1	0	2	0	0
Sea Salt Caramel Macaron	14g (0.5 oz)	50	3	5	1.5	7	0	5	2	15	1	5	2	0	0	4	0	1	0	2	0	0
Black Sesame Macaron	18g (0.6 oz)	80	5	8	1.5	7	0	5	2	5	0	7	2	1	3	6	0	2	0	4	0	4
Chocolate Macaron	14g (0.5 oz)	50	2.5	4	1	4	0	0	0	5	0	7	2	0	0	6	0	1	0	0	0	2
Rapsberry Macaron	14g (0.5 oz)	50	1.5	2	0	0	0	0	0	5	0	8	3	0	0	2	0	1	0	0	0	0
Lavander Macaron	14g (0.5 oz)	50	2.5	4	1	5	0	5	1	5	0	7	2	0	0	6	0	1	0	0	0	0
Cheese Bites	14g (0.5 oz)	35	2	3	1	5	0	20	7	25	1	3	1	0	0	3	0	1	0	0	0	8
Sun Pastry	60g (2.1 oz)	230	11	17	7	35	0	30	10	0	0	34	11	0	0	11	0	2	0	0	0	6
Vanilla Chiffon Cake	350g (12.3 oz)	970	39	60	14	70	0	530	177	260	11	131	44	2	8	2	0	22	0	20	0	25
85C Cream Puff	128g (4.5 oz)	410	32	49	19	95	1	300	100	230	10	24	8	0	0	12	0	7	0	15	0	190
Pineapple Cake	60g (2.1 oz)	230	10	15	6	30	0	40	13	30	1	32	11	0	0	6	0	3	0	2	0	2
Nougat	11g (0.4oz)	45	2	3	1	5	0	5	2	25	1	6	2	0	0	3	0	1	0	2	0	0
Chocolate Chip Cookie	85g (3.0 oz)	370	16	25	8	40	0	15	5	200	8	52	17	2	8	19	0	5	0	2	0	15

Product Name	Serving Size	Calories	Macronutrients										Micronutrients									
			Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugar (g)	Protein (g)	Vitamin D	Calcium	Potassium	Iron
Dark Chocolate Chiffon Cake	360g (12.7 oz)	930	41	63	16	80	0	440	147	430	18	120	40	9	36	11	0	24	0	8	0	50
White Chocolate Macadamia Cookie	85g (3.0 oz)	380	18	28	9	45	0	15	5	180	8	50	17	1	4	20	0	4	0	4	0	10
Fudge Nut Brownie Cookie	85g (3.0 oz)	390	22	34	9	45	0	10	3	220	9	49	16	2	8	19	0	4	0	2	0	45
Tiramisu	1227g (43.3 oz)	3280	218	335	108	540	0	0	558	840	35	272	91	3	12	234	0	61	0	70	0	45
Deluxe Strawberry Cream	1250g (44.1 oz)	3040	187	288	108	540	1	0	400	870	36	314	105	5	20	322	0	49	0	60	0	40
Mango Crème Brulee	1401g (49.4 oz)	3070	183	282	104	520	1	0	418	870	36	334	111	6	24	370	0	48	0	50	0	40
Red Velvet	1595g (56.3 oz)	5570	348	535	190	950	2.5	980	327	4040	168	544	181	11	44	368	0	56	0	50	0	80
Black Forest	1603g (56.5oz)	3810	188	289	145	725	2	0	397	840	35	513	171	20	80	452	0	56	0	15	0	50
Strawberry Tiramisu	1345g (47.4oz)	3470	200	308	95	475	0	0	625	920	38	350	117	4	16	240	0	69	0	80	0	50
Cream Cheesecake	1258g (44.4 oz)	3300	208	320	103	515	0	0	742	910	38	289	96	3	12	181	0	87	0	70	0	50
Taro Snow	1258g (44.4 oz)	3240	170	262	93	465	1	0	378	590	25	401	134	5	20	304	0	28	0	45	0	40
Royal Chocolate Strawberry	1333g (47 oz)	3310	193	297	101	505	0	920	307	990	41	346	115	17	68	147	0	52	6	60	40	90
Sea Salt Coffee Brulee	1063g (37.5oz)	3420	213	328	127	635	1	0	398	1550	65	370	123	5	20	360	0	39	0	70	0	60
Raspberry Chocolate Mousse	1284g (45.3 oz)	3920	272	418	155	775	0	0	403	520	22	321	107	20	80	388	0	48	0	40	0	130
Mango Panna Cotta Cup	206g (7.3oz)	290	17	22	11	55	0	55	18	40	2	30	11	1	4	18	0	5	0	6	4	0
Mango Delight	134g (4.7 oz)	280	18	23	10	50	0	100	33	50	2	26	9	0	0	8	0	5	0	4	2	0
Chocolate Pearl	123g (4.3 oz)	380	24	37	13	65	0	110	37	40	2	36	12	2	8	35	0	5	0	2	0	15
Royal Chocolate Cup	153g(5.4oz)	590	45	69	23	115	0	110	37	45	2	39	13	3	12	61	0	6	0	6	0	15
Chocolate Delight	120g (4.2 oz)	410	29	45	18	90	0	160	53	55	2	35	12	6	24	44	0	8	0	8	0	30
French Fruit Tart	330g (11.6 oz)	610	36	55	20	100	0	125	42	65	3	80	27	5	20	39	0	9	0	8	0	10
Fruit Jelly Cup	264g (9.3 oz)	170	3	5	2	10	0	10	3	105	4	41	14	0	0	42	0	1	0	4	0	0
White Chocolate Strawberry Cup	126g (4.4oz)	260	11	17	6	30	0	75	25	65	3	33	11	1	4	26	0	9	0	4	0	2
Coffee Crème Brulee Cup	129g (4.6 oz)	310	22	34	14	70	0	155	52	60	3	26	9	1	4	65	0	3	0	4	0	2
Hokkaido Chiffon Cup	58g (1.9oz)	160	10	13	4	20	0	95	32	55	2	15	5	0	0	2	0	3	0	2	2	0
Mango Tart	75g (2.6 oz)	210	17	26	11	55	0	65	22	10	0	25	8	0	0	32	0	3	0	2	0	4
Tiramisu	123g (4.3 oz)	330	22	34	11	55	0	170	57	85	4	27	9	0	0	23	0	6	0	8	0	4
Mount Fromage	92g (3.2oz)	360	26	40	17	85	0	100	33	240	10	29	10	1	4	26	0	4	0	2	0	6
Deluxe Strawberry Cream	125g (4.4oz)	300	19	29	11	55	0	120	40	85	4	31	10	1	4	32	0	5	0	6	0	4
Black Forest	160g (5.6oz)	380	19	29	15	75	0	120	40	85	4	51	17	2	8	45	0	6	0	2	0	6
Blueberry Cheesecake	115g (4.1 oz)	360	24	37	15	75	0	110	37	110	5	31	10	1	4	26	0	6	0	4	0	2
Taro Snow	126g (4.4oz)	330	17	26	9	45	0	115	38	60	3	40	13	0	0	30	0	3	0	4	0	4
Red Velvet SL	160g (5.6oz)	560	35	54	19	95	0	100	33	400	17	54	18	1	4	37	0	6	0	4	0	8
Strawberry Tiramisu	134g (4.7 oz)	350	20	31	9	45	0	190	63	90	4	35	12	0	0	24	0	7	0	8	0	6
Raspberry Chocolate Mousse	122g (4.3oz)	360	26	40	14	70	0	120	40	50	2	29	10	2	8	36	0	5	0	4	0	10

Product Name	Serving Size	Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugar (g)	Protein (g)	Vitamin D	Calcium	Potassium	Iron
Cream Cheesecake	126g (4.4 oz)	330	190	21	32	10	50	0	225	75	90	4	29	10	0	0	18	9	10	6	6	6
Mango Creme Brulee	108g (3.8 oz)	290	19	24	11	55	0	130	43	90	4	26	9	0	0	6	0	5	0	4	2	6
Sea Salt Coffee Brulee	93g (3.3 )	270	150	17	26	9	45	0	120	40	160	7	29	10	0	0	28	3	15	0	6	4
Strawberry Tiramisu	573g (20.2 oz)	1370	760	85	131	45	225	0	535	178	410	17	129	43	2	8	160	22	70	60	25	20
Chocolate Cookie Crumble	578g (20.3oz)	2000	1180	132	203	82	410	0	750	250	430	18	178	59	8	32	113	27	70	30	20	70
Black Forest	665g (23.5oz)	1670	900	101	155	62	310	1	380	127	410	17	176	59	6	24	89	19	35	4	15	30
Cream Cheesecake	522g (18.4 oz)	1350	770	86	132	49	245	0	645	215	300	13	110	37	2	8	25	31	45	50	25	15

\* All the nutritional information for cakes calculated based on 85°C Bakery Cafe standard recipes. All the results are calculated using ESHA R&D software.

\*\*Nutrition values may vary as all our products are handcrafted nature, and recipe or ingredient changes may causing the above nutrition values change.

# HOT DRINKS NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugars %	Protein (g)	Calcium %	Iron %	Vitamin D %	Potassium %
85°C Coffee	Medium	290	100	11	14	9	45	0	0	0	60	3	42	15	0	0	20	0	3	0	0	0	0
Americano	Medium	70	15	2	3	1	5	0	0	0	5	0	11	4	0	0	0	0	3	0	0	0	0
Cappuccino	Medium	260	110	12	15	7	35	0	45	15	140	6	25	9	0	0	14	0	13	30	0	0	0
Caramel Macchiato	Medium	360	110	12	15	7	35	0	45	15	200	9	49	18	0	0	36	0	13	30	0	0	0
Café Latte	Medium	280	120	13	17	8	40	0	50	17	160	7	26	9	0	0	15	0	14	30	0	0	0
Vanilla Café Latte	Medium	330	120	13	17	8	40	0	50	17	160	7	41	15	0	0	30	0	14	30	40	0	0
Caramel Latte	Medium	330	120	13	17	8	40	0	50	17	160	7	41	15	0	0	30	0	14	30	0	0	0
Hazelnut Latte	Medium	330	120	13	17	8	40	0	50	17	160	7	41	15	0	0	30	0	14	30	0	0	0
Mocha	Medium	400	120	13	17	8	40	0	50	17	250	11	55	20	0	0	41	0	14	35	0	0	0
Hot Jasmine Green Tea	Medium	110	0	0	0	0	0	0	0	0	15	1	28	10	0	0	27	0	0	0	0	0	0
Hot Mountain Green Tea	Medium	90	0	0	0	0	0	0	0	0	15	1	23	8	0	0	23	0	0	0	0	0	0
Hot Black Tea	Medium	110	0	0	0	0	0	0	0	0	15	1	28	10	0	0	27	0	0	0	0	0	0
Hot Milk Tea	Medium	430	160	18	23	15	75	0	0	0	135	6	64	23	0	0	41	0	1	0	0	0	0
Hot Caramel Milk Tea	Medium	440	160	18	23	15	75	0	0	0	190	8	66	24	0	0	40	0	0	4	0	0	0
Hot Boba Milk Tea	Medium	410	140	15	19	13	65	0	0	0	120	5	65	24	0	0	37	0	0	2	0	0	0
Hot Coffee Jelly Milk Tea	Medium	400	140	15	19	13	65	0	0	0	120	5	65	24	0	0	39	0	0	2	0	0	0
Hot Green Milk Tea	Medium	240	60	7	9	6	30	0	0	0	60	3	43	16	0	0	34	0	1	0	0	0	0
Hot Chocolate Milk	Medium	330	100	11	14	7	35	0	50	17	250	11	44	16	0	0	41	0	11	35	0	0	0
Hot Taro Latte	Medium	380	100	11	14	7	35	0	50	17	570	25	58	21	0	0	46	0	12	30	6	0	0
Hot Milk	Medium	260	130	14	18	9	45	0	60	20	200	9	19	7	0	0	19	0	14	40	0	0	0
Hot Soy Milk	Medium	170	60	7	9	1	5	0	0	0	210	9	14	5	0	0	10	0	12	40	10	0	10

\* All the nutritional information for beverages is calculated based on 85°C Bakery Cafe standard recipes. All the results are calculated using ESHA R&D software.

\*\*Nutrition values may vary as all our products are handcrafted nature, and recipe or ingredient changes may causing the above nutrition values change.

# COLD DRINKS NUTRITION FACTS

Product Name	Serving Size	Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugar (g)	Protein (g)	Calcium %	Iron %	Vitamin D %	Potassium %	R (Regular Milk) / S (Soy Milk)
Iced Sea Salt Mountain Green Tea	Medium	230	13	20	8	40	0	45	15	180	8	28	9	0	0	28	0	0	0	0	0	0	R
Iced Sea Salt Mountain Green Tea	Large	330	20	31	13	65	0	75	25	290	12	37	12	0	0	38	0	0	2	0	0	0	R
Sea Salt Coffee	Medium	220	14	18	8	40	0	45	15	180	8	24	9	0	0	19	0	1	0	0	0	0	R
Sea Salt Coffee	Large	350	22	34	14	70	0	75	25	290	12	34	11	0	0	24	0	3	0	0	0	0	R
Iced Sea Salt Mountain Green Tea	Medium	260	14	18	9	45	0	45	15	200	9	30	11	0	0	25	0	2	2	0	0	0	R
Iced Sea Salt Mountain Green Tea	Large	430	23	35	14	70	0	75	25	330	14	53	18	0	0	42	0	4	4	0	0	0	R
Iced Sea Salt Black Tea	Medium	230	13	17	8	40	0	45	15	180	8	28	10	0	0	28	0	0	0	0	0	0	R
Iced Sea Salt Black Tea	Large	330	20	26	13	65	0	75	25	290	13	37	13	0	0	38	0	0	0	0	0	0	R
Sea Salt Caramel Smoothie	Large	230	13	17	8	40	0	45	15	180	8	28	10	0	0	28	0	0	0	0	0	0	R
Iced Sea Salt Jasmine Green Tea	Medium	330	20	26	13	65	0	75	25	280	12	37	13	0	0	38	0	0	0	0	0	0	R
Iced Sea Salt Jasmine Green Tea	Large	600	37	47	23	115	0	120	40	440	19	61	23	0	0	46	0	5	10	0	0	0	R
85°C Coffee	Medium	290	11	14	9	45	0	0	0	60	3	42	15	0	0	20	0	3	0	0	0	0	R
85°C Coffee	Large	480	20	26	17	85	0	0	0	105	5	68	25	0	0	31	0	5	4	0	0	0	R
Americano	Medium	70	2	3	1	5	0	0	0	5	0	11	4	0	0	0	0	3	0	0	0	0	R
Americano	Large	100	2.5	3	1	5	0	0	0	10	0	16	6	0	0	0	0	4	0	0	0	0	R
Cappuccino	Medium	270	9	12	5	25	0	30	10	100	4	39	14	0	0	28	0	10	20	0	0	0	R
Cappuccino	Medium	230	5	6	1.5	8	0	0	0	105	5	36	13	0	0	23	0	9	20	6	0	6	S
Caramel Macchiato	Medium	310	9	12	5	25	0	35	12	160	7	45	16	0	0	32	0	10	25	0	0	0	R
Caramel Macchiato	Medium	260	6	8	1.5	8	0	0	0	160	7	42	15	0	0	27	0	10	25	6	0	6	S
Caramel Macchiato	Large	420	13	17	8	40	0	45	15	200	9	59	21	0	0	41	0	15	30	0	0	0	R
Caramel Macchiato	Large	360	8	10	2	10	0	0	0	210	9	56	20	0	0	35	0	14	30	6	0	8	S
Café Latte	Medium	290	10	13	6	30	0	35	12	115	5	40	15	0	0	29	0	11	25	0	0	0	R
Café Latte	Medium	240	6	9	1.5	8	0	0	0	120	5	37	12	1	4	24	0	10	25	6	0	6	S
Café Latte	Large	420	14	18	8	40	0	50	17	160	7	59	21	0	0	42	0	15	30	0	0	0	R
Café Latte	Large	350	8	10	2	10	0	0	0	170	7	55	20	0	0	36	0	14	30	6	0	8	S
Vanilla Café Latte	Medium	300	10	13	6	30	0	35	12	115	5	41	15	0	0	30	0	11	25	0	0	0	R
Vanilla Café Latte	Medium	250	6	8	1.5	8	0	0	0	120	5	38	14	0	0	25	0	10	25	6	0	6	S
Vanilla Café Latte	Large	420	14	18	8	40	0	50	17	160	7	60	22	0	0	43	0	15	30	0	0	0	R
Vanilla Café Latte	Large	360	8	10	2	10	0	0	0	170	7	56	20	0	0	36	0	14	30	6	0	8	S
Caramel Latte	Medium	300	10	13	6	30	0	35	12	115	5	41	15	0	0	30	0	11	25	0	0	0	R



Product Name	Serving Size	Macronutrients										Micronutrients											
		Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugar (g)	Protein (g)	Calcium %	Iron %	Vitamin D %	Potassium %	R (Regular Milk) / S (Soy Milk)
Caramel Latte	Medium	250	6	8	1.5	8	0	0	0	120	5	38	14	0	0	25	0	10	25	6	0	6	S
Caramel Latte	Large	420	14	18	8	40	0	50	17	160	7	60	22	0	0	43	0	15	30	0	0	0	R
Caramel Latte	Large	360	8	10	2	10	0	0	0	170	7	56	20	0	0	36	0	14	30	6	0	8	S
Hazelnut Latte	Medium	300	10	13	6	30	0	35	12	115	5	41	15	0	0	30	0	11	25	0	0	0	R
Hazelnut Latte	Medium	250	6	8	1.5	8	0	0	0	120	5	38	14	0	0	25	0	10	25	6	0	6	S
Hazelnut Latte	Large	420	14	18	8	40	0	50	17	160	7	60	22	0	0	43	0	15	30	0	0	0	R
Hazelnut Latte	Large	360	8	10	2	10	0	0	0	170	7	56	20	0	0	36	0	14	30	6	0	8	S
Mocha	Medium	340	10	13	6	30	0	35	12	160	7	50	18	0	0	38	0	11	25	6	0	2	R
Mocha	Medium	290	6	8	1.5	8	0	0	0	210	9	48	17	0	0	32	0	10	25	6	0	8	S
Mocha	Large	470	14	18	9	45	0	50	17	210	9	68	25	0	0	51	0	16	35	10	0	4	R
Mocha	Large	400	9	12	2.5	13	0	0	0	220	10	64	23	0	0	44	0	15	35	15	0	10	S
Iced Black Tea	Medium	110	0	0	0	0	0	0	0	10	0	28	9	0	0	27	0	0	0	0	0	0	R
Iced Black Tea	Large	150	0	0	0	0	0	0	0	10	0	37	12	0	0	36	0	0	0	0	0	0	R
Iced Jasmine Green Tea	Medium	90	0	0	0	0	0	0	0	10	0	23	8	0	0	23	0	0	0	0	0	0	R
Iced Jasmine Green Tea	Large	130	0	0	0	0	0	0	0	10	0	32	12	0	0	32	0	0	0	0	0	0	R
Iced Mountain Green Tea	Medium	90	0	0	0	0	0	0	0	10	0	23	8	0	0	23	0	0	0	0	0	0	R
Iced Mountain Green Tea	Large	130	0	0	0	0	0	0	0	10	0	32	12	0	0	32	0	0	0	0	0	0	R
Iced Passionfruit Green Tea	Medium	130	0	0	0	0	0	0	0	35	2	33	12	0	0	33	0	0	0	0	0	0	R
Iced Passionfruit Green Tea	Large	190	0	0	0	0	0	0	0	50	2	48	17	0	0	47	0	0	0	0	0	0	R
Iced Passionfruit Black Tea	Medium	130	0	0	0	0	0	0	0	30	1	33	12	0	0	33	0	0	0	0	0	0	R
Iced Passionfruit Black Tea	Large	190	0	0	0	0	0	0	0	45	2	48	17	0	0	47	0	0	0	0	0	0	R
Iced Peach Green Tea	Medium	180	0	0	0	0	0	0	0	15	1	44	16	0	0	39	0	0	0	0	0	0	R
Iced Peach Green Tea	Large	240	0	0	0	0	0	0	0	20	1	60	22	0	0	54	0	0	0	0	0	0	R
Iced Peach Black Tea	Medium	180	0	0	0	0	0	0	0	15	1	44	16	0	0	39	0	0	0	0	0	0	R
Iced Peach Black Tea	Large	240	0	0	0	0	0	0	0	15	1	60	22	0	0	54	0	0	0	0	0	0	R
Iced Grapefruit Green Tea	Medium	200	0	0	0	0	0	0	0	35	2	51	19	0	0	50	0	0	0	0	0	0	R
Iced Grapefruit Green Tea	Large	280	0	0	0	0	0	0	0	50	2	70	25	0	0	68	0	0	0	0	0	0	R
Iced Milk Tea	Medium	270	10	13	9	45	0	0	0	75	3	43	16	0	0	30	0	1	0	0	0	0	R
Iced Milk Tea	Large	390	15	19	13	65	0	0	0	115	5	60	22	0	0	40	0	1	0	0	0	0	R
Iced Caramel Milk Tea	Medium	300	11	14	9	45	0	0	0	130	6	49	18	0	0	34	0	2	4	0	0	0	R
Iced Caramel Milk Tea	Large	420	16	21	13	65	0	0	0	170	7	67	24	0	0	45	0	2	4	0	0	0	R
Iced Boba Milk Tea	Medium	250	8	10	6	30	0	0	0	60	3	44	16	0	0	26	0	1	2	0	0	0	R
Iced Boba Milk Tea	Large	380	13	17	11	55	0	0	0	100	4	65	24	0	0	38	0	1	2	0	0	0	R

Product Name	Serving Size	Calories	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Added Sugar (g)	Protein (g)	Calcium %	Iron %	Vitamin D %	Potassium %	R (Regular Milk) / S (Soy Milk)
Iced Green Milk Tea	Medium	270	80	9	14	7	35	0	0	0	70	3	46	15	4	16	34	1	0	0	0	0	R
Iced Green Milk Tea	Large	360	110	12	18	10	50	0	0	0	95	4	60	20	5	20	44	1	0	0	2	0	R
Iced Matcha Latte	Medium	220	60	7	11	4	20	0	30	10	100	4	33	11	0	0	32	7	6	4	25	0	R
Iced Matcha Latte	Medium	180	30	3.5	5	0	0	0	0	0	100	4	30	10	1	4	28	6	8	0	25	6	S
Iced Matcha Latte	Large	320	90	10	15	6	30	0	45	15	150	6	47	16	0	0	46	10	8	6	40	0	R
Iced Matcha Latte	Large	260	45	5	8	0.5	3	0	0	0	150	6	44	15	1	4	39	9	15	0	40	8	S
LemonC Iced Black Tea	Large	220	0	0	0	0	0	0	0	10	0	57	21	2	7	52	0	1	2	0	0	2	R
LemonC Iced Black Tea	Extra Large	390	0	0	0	0	0	0	0	15	1	98	36	2	7	93	0	1	2	0	0	2	R
King Grapefruit Green Tea	Extra Large	380	0	0	0	0	0	0	0	10	0	98	36	12	43	64	0	2	4	0	0	0	R
Lemon C Jasmine Green Tea	Large	230	0	0	0	0	0	0	0	15	1	59	20	2	8	55	0	1	2	2	50	2	R
Lemon C Jasmine Green Tea	Extra Large	360	0	0	0	0	0	0	0	20	1	92	31	2	8	87	0	1	2	2	0	2	R
Rose Milk Tea	Medium	220	10	13	9	45	0	0	0	80	3	30	11	0	0	12	0	1	0	0	0	0	R
Rose Milk Tea	Large	320	15	19	13	65	0	0	0	120	5	45	16	0	0	17	0	1	0	0	0	0	S
Mixed Berry Green Tea	Medium	150	0	0	0	0	0	0	0	20	1	37	12	1	4	34	0	0	0	0	0	0	R
Mixed Berry Green Tea	Large	230	0	0	0	0	0	0	0	25	1	56	20	1	4	51	0	0	0	0	0	0	R
Chocolate Milk	Medium	270	9	12	5	25	0	35	12	140	6	38	14	0	0	38	0	9	25	10	0	2	R
Chocolate Milk	Medium	220	4.5	6	1	5	0	0	0	140	6	35	13	0	0	33	0	8	25	15	0	10	S
Chocolate Milk	Large	360	12	15	7	35	0	50	17	190	8	52	19	0	0	52	0	13	35	10	0	4	R
Chocolate Milk	Large	300	6	8	1	5	0	0	0	200	9	48	17	0	0	45	0	11	35	20	0	15	S
Strawberry Lemonade	Large	230	0	0	0	0	0	0	0	0	0	57	19	2	8	51	0	1	0	2	0	2	R
Ice Blended Mocha	Large	450	20	26	12	60	0	55	18	180	8	64	23	0	0	48	0	5	15	0	0	0	R
Cookies N Cream	Large	550	25	32	13	65	0	55	18	300	13	80	29	0	0	61	0	5	15	6	0	2	R
Strawberry Banana	Large	290	0	0	0	0	0	0	0	0	0	72	26	1	4	64	0	0	0	0	0	2	R
Mango Passion	Large	350	4.5	6	3	15	0	15	5	20	1	76	28	0	0	64	0	1	4	0	0	0	R
Mango Slush	Large	310	0	0	0	0	0	0	0	160	7	78	28	0	0	68	0	0	0	0	0	2	R
Mango Peach	Large	370	4	5	2	10	0	15	5	140	6	79	29	0	0	67	0	4	10	0	0	4	R
Red Bean Smoothie	Large	390	12	15	7	35	0	35	12	95	4	64	23	0	0	46	0	6	15	6	0	0	R
Frozen Marble Taro Smoothie	Large	470	19	24	11	55	0	55	18	530	23	74	27	0	0	54	0	5	15	6	0	0	R
Sea Salt Coffee Smoothie	Large	600	38	49	23	115	0	125	42	450	20	61	22	0	0	100	0	6	10	0	0	0	R
Guava Slush	Large	340	0	0	0	0	0	0	0	0	0	84	31	0	0	68	0	0	0	0	0	0	R
Honeydew Smoothie	Large	460	19	24	12	60	0	55	18	115	5	64	23	0	0	58	0	5	15	0	0	0	R

\*All the nutritional information for beverages is calculated based on 85°C Bakery Cafe standard recipes. All the results are calculated using ESHA R&D software.

\*Nutrition values may vary as all our products are handcrafted nature, and recipe or ingredient changes may causing the above nutrition values change.

# ADD-ON NUTRITION FACTS

Product Name	Serving Size	Calories	Calories From Fat	Total Fat (g)	%Daily Value**	Saturated Fat (g)	%Daily Value**	Trans Fat (g)	Cholesterol (mg)	%Daily Value**	Sodium (mg)	%Daily Value**	Carbohydrates (g)	%Daily Value**	Dietary Fiber (g)	%Daily Value**	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron
Boba	52g	30	0	0	0	0	0	0	0	0	0	0	7	2	0	0	1	0	0	0	0	0
Coffee Jelly	40g	50	0	0	0	0	0	0	0	0	0	0	13	4	1	4	10	0	0	0	0	0
Mango Jelly	45g	50	0	0	0	0	0	0	0	0	0	0	13	4	0	0	10	0	0	0	0	0
Lychee Jelly	39g	45	0	0	0	0	0	0	0	0	0	0	11	4	0	0	9	0	0	0	0	0
Red Bean	43g	80	0	0	0	0	0	0	0	0	5	0	18	6	1	4	15	2	0	0	2	8
Boba	85g	45	0	0	0	0	0	0	0	0	5	0	11	4	0	0	2	0	0	0	2	2
Coffee Jelly	76g	100	0	0	0	0	0	0	0	0	0	0	25	8	2	8	19	0	0	0	0	0
Mango Jelly	78g	90	0	0	0	0	0	0	0	0	0	0	22	7	0	0	18	0	0	0	0	0
Lychee Jelly	77g	90	0	0	0	0	0	0	0	0	0	0	22	7	0	0	18	0	0	0	0	0
Red Bean	75g	140	0	0	0	0	0	0	0	0	15	1	32	11	2	8	27	3	0	0	2	15

\* All the nutritional information for add-ons is calculated based on supplier's ingredient specification. All the results are calculated using ESHA R&D software.

\*\*Nutrition values may vary as all our products are handcrafted nature, and recipe or ingredient changes may causing the above nutrition values change.